



Sex and Relationships Education At Woodlands School

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What is SRE?

(Sex and Relationships Education)

SRE is learning about physical, sexual, moral and emotional development. It is about understanding the importance of stable and loving relationships, respect, love and care, for family life.

Our SRE programme is tailored to the needs of the individual pupil. It takes account of the learning needs, maturity and emotional development of our pupils and is tailored to their individual needs, aiming to enable them to make positive decisions in their lives.

What is now statutory?

From September 2020, the following are compulsory:

- **PRIMARY - Health Education and Relationships Education**
- **SECONDARY - Health education and Sex and Relationships Education (SRE)**

SRE takes place within the PSHE programme of study but aspects will also be taught during RE and Science lessons.

The same themes will be revisited throughout the Key Stages, delivered in an age appropriate way.

SRE- the right to withdraw

Primary

Parents will have the right to withdraw their child from sex education but not from statutory Relationships Education or Health Education

Secondary

- Following discussion with the school, parents can withdraw their child from the 'sex' elements of SRE.
- Parents do not have a right to withdraw their child from Health education, Relationships or any other aspect of PSHE education.
- There is no right of withdrawal from National Curriculum science which includes elements of sex education such as puberty and reproduction.
- Three terms before they turn 16, a student can opt back in to sex education lessons against their parents' wishes. The school has a duty to provide sex ed. during one of the remaining three terms.

Woodlands says:

If a parent/carer wishes to withdraw their child, they need to have a discussion with the Headteacher so that he/she can be made aware of the reasons and provide alternative arrangements.

PSHE Curriculum Overview KS1 and KS2

Key Stage	Term	Year A	Year B	Year C	Year D	Year E
1	Autumn	1&2 Families and close positive relationships R1-R5 Family Friendships R6-9 Friends	3&4 Managing hurtful behaviour and bullying R10-12 Bullying Safe Relationships R13-R20 Private parts are private	5&6 Respecting self and others R21-R25 Kind and unkind Same and different		
	Spring 1	1 Healthy lifestyles H1 H2 Healthy eating	3 Healthy lifestyles H4 H5 H7 H8 Sleep, rest and relaxation Hygiene and self care Sun safety	5 Ourselves, growing and changing H21-27 My body Gender Growing and changing		
	Spring 2	2 Healthy lifestyles H3 Exercise	4 Mental Health H11-20 Feelings	6 Keeping safe H28-37 Home and road safety		
	Summer 1	1 Shared responsibilities L2 Caring for pets	3 Communities L4 My community and home	5 Shared responsibilities L3 World environment - tigers		
	Summer 2	2 Communities L4-5 My class and school	4 Shared responsibilities L3 My environment	6 Economic wellbeing – Money L10 Money and enterprise		
2	Autumn	1 Families R1-9 Families 4 Safe relationships R22-29 Some parts are not for sharing Internet safety	3 Bullying R19-21 Bullying 4 Safe relationships R22-29 Some parts are not for sharing Internet safety	2 Friendships R10-18 Friends 4 Safe relationships R22-29 Some parts are not for sharing Internet safety	5 Respecting self and others R30-34 Respecting self and others 4 Safe relationships R22-29 Some parts are not for sharing Internet safety	
	Spring 1	5-7 Ourselves, growing and changing H25-36 I am special Gender Puberty	5-7 Ourselves, growing and changing H25-36 My body Gender Puberty	5-7 Ourselves, growing and changing H25-36 Growing up and changing Gender Puberty	8 Keeping safe H37-45 Keeping safe at home and in the community	
	Spring 2	1 Healthy lifestyles H1-14 Sleep Hygiene Teeth	2 Healthy lifestyles H1-6 Healthy eating	3 Healthy lifestyles H7-8 Exercise	4 Mental health H15-24 Feelings	
	Summer 1	1-3 Shared responsibilities Environment – Save our planet	7 Economic wellbeing – Money and jobs Money Fair Trade	1-3 Shared responsibilities Environment – our local environment	1-3 Shared responsibilities Environment – the oceans	
	Summer 2	4-6 Communities Brazilian	4-6 Communities Indian	4-6 Communities Caribbean	8 Economic wellbeing – Money and jobs Jobs Work related skills	

PSHE Curriculum Overview KS3&4

Key Stage	Term	Year A	Year B	Year C	Year D	Year E
3&4	Autumn	Positive relationships R1-8 Types of families Family portrayal in the media Respectful relationships R13-23 Home life	Respectful relationships R13-23 Working together Team skills Conflict management Loss	Relationship values R9-12 Relationship behaviours Consent R24-R31 Safety in intimate relationships	Bullying R37-41 My feelings and those of others Friends Kind/unkind behaviours Bullying and strategies	Social influences R42-47 What makes me special? My emotions Community jobs Visiting my community
	Spring 1	Self concept H1-5 Personal strengths My well being Social media Mental health and emotional well being H6-12 Emotions Coping strategies	Managing risk and personal safety H30-33 Online safety Road safety Safety in the home Stranger danger Safety on public transport Emergencies First aid	Healthy lifestyles H13-22 Exercise Diet	Managing risk and personal safety H30-33 Online safety Road safety Safety in the home Stranger danger Safety on public transport Emergencies First aid	Healthy lifestyles H13-22 Sleep Sun safety Hygiene Accessing health services Medicines Drugs and alcohol
	Spring 2	Puberty & sexual health H34-36 Good listening behaviours How parents help us Sexual health Puberty and reproduction Growing up Babies	Puberty & sexual health H34-36 Good listening behaviours How parents help us Sexual health Puberty and reproduction Growing up Babies	Puberty & sexual health H34-36 Good listening behaviours How parents help us Sexual health Puberty and reproduction Growing up Babies	Puberty & sexual health H34-36 Good listening behaviours How parents help us Sexual health Puberty and reproduction Growing up Babies	Puberty & sexual health H34-36 Good listening behaviours How parents help us Sexual health Puberty and reproduction Growing up Babies
	Summer 1	Learning skills L1-6 My strengths Rules in school, home and the community Right and wrong	Financial choices L15-L19 Work and career L11-L12 Money Jobs	Employment rights and responsibilities L13-L14 My rights Media literacy and digital resilience L20-L27 The internet Social media	Other peoples' lives in different places (2017 Curriculum) 4 UK Nations British communities	Local, natural and built environments (2017 Curriculum) Local environment Natural environment Built environment
	Summer 2	Class Enterprise L5 L15-L16	Class Enterprise L5 L15-L16	Class Enterprise L5 L15-L16	Class Enterprise L5 L15-L16	Class Enterprise L5 L15-L16

SRE Primary - Relationships Education

- SRE for the primary age group focuses on Relationships Education which includes the following themes:
 - Families and close positive relationships
 - Friendships
 - Managing hurtful behaviour and bullying
 - Safe relationships (private parts are private, some parts are not for sharing, internet safety)
 - Respecting self and others (kind / unkind, same / different)
- SRE is also included in Health and Wellbeing Education in the topic of 'Ourselves, growing and changing':
 - My body
 - Gender
 - Growing up and changing
 - Puberty

SRE Secondary - Sex and Relationships education

- SRE for the Secondary age group includes the following themes;
 - Positive relationships (types of families, family portrayal in the media)
 - Respectful relationships (home life, working together, team skills, conflict management, loss)
 - Relationship values
 - Consent (safety in intimate relationships)
- SRE is also included in Health and Wellbeing Education in the topic of 'Puberty and Sexual Health' which focuses on;
 - Good listening behaviours
 - How parents help us
 - Sexual health
 - Puberty and reproduction
 - Growing up
 - Babies

Parent / carers and Woodlands School

- If you would like more information about what is actually being taught, please contact your child's class teacher. Teachers have access to the PSHE and SRE Scheme of Work, but will choose which aspects to focus on to suit the needs of their individual pupils.
- Alternatively, please contact the PSHE lead if you would like to discuss more general aspects of our SRE provision.
- Woodlands School welcomes feedback from parents / carers. Please feel free to complete the Parent / carer feedback form which can be printed out from the PSHE section of the website. Alternatively, contact reception who will be able to provide you with a copy. Please hand in your completed forms to reception, or email them to the PSHE lead at katie.bedford@woodlands.surrey.sch.uk

What is on the website?

Website includes:

- PSHE Vision Statement
- Policies
 - PSHE
 - SRE
 - Drug and alcohol
- Information regarding SRE
 - SRE Vision Statement
 - SRE Right to withdraw
- Copy of parent feedback form
- Curriculum overview
- Department of Education information on SRE for parents
- FAQs
- Video presentation of key developments in PSHE and SRE teaching
- Parents evening presentation powerpoint