

## Curriculum overview

Key Stage	Term	Year A	Year B	Year C	Year D	Year E
1	Autumn	<b>1&amp;2 Families and close positive relationships R1-R5</b> Family <b>Friendships R6-9</b> Friends	<b>3&amp;4 Managing hurtful behaviour and bullying R10-12</b> Bullying <b>Safe Relationships R13-R20</b> Private parts are private	<b>5&amp;6 Respecting self and others R21-R25</b> Kind and unkind Same and different		
	Spring 1	<b>1 Healthy lifestyles H1 H2</b> Healthy eating	<b>3 Healthy lifestyles H4 H5 H7 H8</b> Sleep, rest and relaxation Hygiene and self care Sun safety	<b>5 Ourselves, growing and changing H21-27</b> My body Gender Growing and changing		
	Spring 2	<b>2 Healthy lifestyles H3</b> Exercise	<b>4 Mental Health H11-20</b> Feelings	<b>6 Keeping safe H28-37</b> Home and road safety		
	Summer 1	<b>1 Shared responsibilities L2</b> Caring for pets	<b>3 Communities L4</b> My community and home	<b>5 Shared responsibilities L3</b> World environment - tigers		
	Summer 2	<b>2 Communities L4-5</b> My class and school	<b>4 Shared responsibilities L3</b> My environment	<b>6 Economic wellbeing – Money L10</b> Money and enterprise		
2	Autumn	<b>1 Families R1-9</b> Families <b>4 Safe relationships R22-29</b> Some parts are not for sharing Internet safety	<b>3 Bullying R19-21</b> Bullying <b>4 Safe relationships R22-29</b> Some parts are not for sharing Internet safety	<b>2 Friendships R10-18</b> Friends <b>4 Safe relationships R22-29</b> Some parts are not for sharing Internet safety	<b>5 Respecting self and others R30-34</b> Respecting self and others <b>4 Safe relationships R22-29</b> Some parts are not for sharing Internet safety	
	Spring 1	<b>5-7 Ourselves, growing and changing H25-36</b> I am special Gender Puberty	<b>5-7 Ourselves, growing and changing H25-36</b> My body Gender Puberty	<b>5-7 Ourselves, growing and changing H25-36</b> Growing up and changing Gender Puberty	<b>8 Keeping safe H37-45</b> Keeping safe at home and in the community	
	Spring 2	<b>1 Healthy lifestyles H1-14</b> Sleep Hygiene Teeth	<b>2 Healthy lifestyles H1-6</b> Healthy eating	<b>3 Healthy lifestyles H7-8</b> Exercise	<b>4 Mental health H15-24</b> Feelings	
	Summer 1	<b>1-3 Shared responsibilities</b> Environment – Save our planet	<b>7 Economic wellbeing – Money and jobs</b> Money Fair Trade	<b>1-3 Shared responsibilities</b> Environment – our local environment	<b>8 Economic wellbeing – Money and jobs</b> Jobs Work related skills	
	Summer 2	<b>4-6 Communities</b> Brazilian	<b>4-6 Communities</b> Indian	<b>4-6 Communities</b> Caribbean	<b>1-3 Shared responsibilities</b> Environment – the oceans	

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3&4	Autumn	<b>Positive relationships R1-8</b> Types of families Family portrayal in the media  <b>Respectful relationships R13-23</b> Home life	<b>Respectful relationships R13-23</b> Working together Team skills Conflict management Loss	<b>Relationship values R9-12</b> Relationship behaviours  <b>Consent R24-R31</b> Safety in intimate relationships	<b>Bullying R37-41</b> My feelings and those of others Friends Kind/unkind behaviours Bullying and strategies	<b>Social influences R42-47</b> What makes me special? My emotions Community jobs Visiting my community
	Spring 1	<b>Self concept H1-5</b> Personal strengths My well being Social media  <b>Mental health and emotional well being H6-12</b> Emotions Coping strategies	<b>Managing risk and personal safety H30-33</b> Online safety Road safety Safety in the home Stranger danger Safety on public transport Emergencies First aid	<b>Healthy lifestyles H13-22</b> Exercise Diet	<b>Managing risk and personal safety H30-33</b> Online safety Road safety Safety in the home Stranger danger Safety on public transport Emergencies First aid	<b>Healthy lifestyles H13-22</b> Sleep Sun safety Hygiene Accessing health services Medicines Drugs and alcohol
	Spring 2	<b>Puberty &amp; sexual health H34-36</b> Good listening behaviours How parents help us Sexual health Puberty and reproduction Growing up Babies	<b>Puberty &amp; sexual health H34-36</b> Good listening behaviours How parents help us Sexual health Puberty and reproduction Growing up Babies	<b>Puberty &amp; sexual health H34-36</b> Good listening behaviours How parents help us Sexual health Puberty and reproduction Growing up Babies	<b>Puberty &amp; sexual health H34-36</b> Good listening behaviours How parents help us Sexual health Puberty and reproduction Growing up Babies	<b>Puberty &amp; sexual health H34-36</b> Good listening behaviours How parents help us Sexual health Puberty and reproduction Growing up Babies
	Summer 1	<b>Learning skills L1-6</b> My strengths Rules in school, home and the community Right and wrong	<b>Financial choices L15-L19 Work and career L11-L12</b> Money Jobs	<b>Employment rights and responsibilities L13-L14</b> My rights  <b>Media literacy and digital resilience L20-L27</b> The internet Social media	<b>Other peoples' lives in different places (2017 Curriculum)</b> 4 UK Nations British communities	<b>Local, natural and built environments (2017 Curriculum)</b> Local environment Natural environment Built environment
	Summer 2	<b>Class Enterprise L5 L15-L16</b>	<b>Class Enterprise L5 L15-L16</b>	<b>Class Enterprise L5 L15-L16</b>	<b>Class Enterprise L5 L15-L16</b>	<b>Class Enterprise L5 L15-L16</b>