



Training by
Woodlands
Outreach Team
2025 – 2026



- ▶ Our training sessions will take place at one of the following Locations.

Woodlands School
Fortyfoot Road
Leatherhead
Surrey
KT22 8RY



If you are driving to Woodlands School, Leatherhead, please enter Fortyfoot Road from Epsom Road. Do not follow the postcode, as it will take you along an unpaved track.

Parking on-site is limited, so you may need to park in the surrounding roads, a short walk away.



The closest Train Station is Leatherhead, which is a walk of around 25 minutes to Woodlands.

There is a bus stop on the main road, around a 10-minute walk away.

Cranmere Primary School
Arran Way
Esher
Surrey
KT10 8BE



The easiest way to find Cranmere is to turn onto Station Road from Portsmouth Road. Head in the direction of Hampton Court, then take the second turning on the left 'The Woodlands' and keep going along that road.



The closest Train Station in Esher, which is a walk of around 15 minutes to Cranmere.

- ▶ In the event of low numbers, we will contact delegates and offer a place on an alternative course. In the event of high interest, we may add further dates.
- ▶ Woodlands reserve the right to cancel sessions due to adverse weather conditions or other unforeseen circumstances, but alternative dates will be offered.

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Bespoke Training for your setting

- ▶ The Outreach team can provide bespoke training that is tailored to your needs. This could be delivered to groups of staff or your whole staff team and can be delivered on an INSET day or as a Twilight Session.
- ▶ Contact either your school's link outreach teacher, or Lizzy Stockwell (Outreach Team Lead) to discuss;
elizabeth.stockwell@woodlands.surrey.sch.uk
- ▶ Surrey schools and academies can access this service free of charge. However, if demand exceeds capacity, sessions will be limited to one free INSET session in your setting per year.
- ▶ Private schools and schools outside of Surrey can access this as a traded service. The fee for this is usually £300 including VAT, but additional fees for expenses such as travel may apply.

Strategy Demonstrations

- ▶ The Outreach team can provide demonstrations of strategies that have been recommended as part of a visit. Surrey schools and academies can access this service free of charge. Strategy demonstrations are usually delivered in your setting to a small group of staff, with a minimum of two and a maximum of 10 participants.

Supporting Autistic Learners

- ▶ Do you want to know how to support autistic learners more effectively in a mainstream classroom?
- ▶ During this session, you will receive training about autism, helping to build your understanding of the day-to-day difficulties experienced by autistic people. We will also look at strategies which can help to reduce anxiety, promote effective communication, develop independence and increase engagement in learning activities.
- ▶ There will also be an opportunity to talk to members of the Outreach Team about specific challenges that you face in your setting.
- ▶ This training is intended for education professionals working with autistic learners.

£60

Monday 12th January 2026, 1.30pm to 4pm
Woodlands, Leatherhead

<https://www.trybooking.com/uk/events/landing/97317>

Friday 13th March 2026, 9.30am to 12pm
Cranmere

Wednesday 6th May 2026, 9.30am to 12pm
Cranmere

<https://www.trybooking.com/uk/events/landing/97322>





Understanding & Supporting Learners who Mask

- ▶ Do you have learners in your setting who appear to be happy and engaged in school, but parents report significant challenges at home?
- ▶ Anxiety is often a huge barrier for autistic learners, leading to them 'masking' in many situations. During this session, we will look at how anxiety can present for autistic young people and what we can do to help support them. We will also discuss strategies that can be used to reduce anxiety levels in a mainstream classroom and support learners who may be masking.
- ▶ We will work through some case study examples in groups and consider which methods of support will have the most impact.
- ▶ There will also be an opportunity to talk to members of the Outreach Team about specific challenges that you face in your setting.
- ▶ This training is intended for education professionals working with autistic learners.

£60

Tuesday 3rd February 2026, 9.30am to 12pm
Cranmere

<https://www.trybooking.com/uk/events/landing/97327>

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Monday 15th June 2026, 1.30pm to 4pm
Woodlands, Leatherhead

<https://www.trybooking.com/uk/events/landing/97334>

Demand Avoidance and PDA

- ▶ Do you have learners who refuse to participate or follow instructions?
- ▶ During the session, you will learn more about Demand Avoidance, or PDA (Pathological Demand Avoidance), helping to build your understanding of what it is and how it can present.
- ▶ We will also discuss adaptations which can be made in a mainstream environment to suit children who present with demand avoidant behaviour.
- ▶ There will also be an opportunity to talk to members of the Outreach Team about specific challenges that you face in your setting.
- ▶ This training is intended for education professionals working with autistic learners.

£60



Tuesday 27th January 2026, 9.30am to 12pm
Cranmere

Thursday 23rd April 2026, 9.30am to 12pm
Cranmere



Sensory Regulation

- ▶ Do you want to learn more about sensory processing differences and strategies to support with regulation?
- ▶ During this session, you will receive training about Sensory Processing, which will help build your understanding of the day-to-day difficulties with sensory regulation that are experienced by autistic people. We will also look at strategies which can help to reduce anxiety and support regulation in the school environment.
- ▶ There will also be an opportunity to talk to members of the Outreach Team about specific challenges that you face in your setting.
- ▶ This training is intended for education professionals working with autistic learners.

£60

Friday 6th March 2026, 9.30am to 12pm
Cranmere

<https://www.trybooking.com/uk/events/landing/97345>

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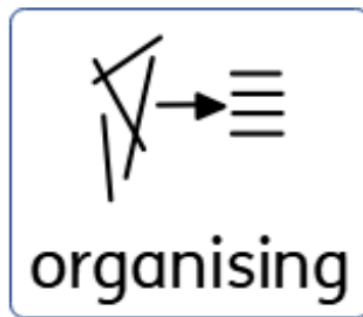
Monday 18th May 2026, 1.30pm to 4pm
Woodlands, Leatherhead

<https://www.trybooking.com/uk/events/landing/97350>

Sensory Circuits Workshop

- ▶ Do you have learners who benefit from a sensory diet to support with regulation?
- ▶ During this session, we will look at what Sensory Circuits are and how to implement them in school settings. We will discuss the different ways in which Sensory Circuits can be adapted for use in the classroom or as a small intervention group.
- ▶ We will also trial the use of a range of equipment that can be used for Sensory Circuits.
- ▶ There will also be an opportunity to talk to members of the Outreach Team about specific challenges that you face in your setting.
- ▶ This workshop is intended for education professionals working with autistic learners.

£20



Friday 17th April 2026, 10am to 12pm
Woodlands, Leatherhead

Friday 26th June 2026, 10am to 12pm
Woodlands, Leatherhead

<https://www.trybooking.com/uk/events/landing/97353>