



Training by  
Woodlands  
Outreach Team  
2026 – 2027



- ▶ Our training sessions will take place at one of the following Locations.

Woodlands School  
Fortyfoot Road  
Leatherhead  
Surrey  
KT22 8RY



If you are driving to Woodlands School, Leatherhead, please enter Fortyfoot Road from Epsom Road. Do not follow the postcode, as it will take you along an unpaved track.

Parking on-site is limited, so you may need to park in the surrounding roads, a short walk away.



The closest Train Station is Leatherhead, which is a walk of around 25 minutes to Woodlands.

There is a bus stop on the main road, around a 10-minute walk away.

Cranmere Primary School  
Arran Way  
Esher  
Surrey  
KT10 8BE



The easiest way to find Cranmere is to turn onto Station Road from Portsmouth Road. Head in the direction of Hampton Court, then take the second turning on the left 'The Woodlands' and keep going along that road.



The closest Train Station in Esher, which is a walk of around 15 minutes to Cranmere.

- ▶ In the event of low numbers, we will contact delegates and offer a place on an alternative course. In the event of high interest, we may add further dates.
- ▶ Woodlands reserve the right to cancel sessions due to adverse weather conditions or other unforeseen circumstances, but alternative dates will be offered.

# Contents

▶ Bespoke Training for your setting	2
▶ Supporting Autistic Learners	3
▶ PDA	4
▶ Understanding & Supporting Learners who Mask	5
▶ Structured Teaching	6
▶ Sensory Regulation	7
▶ Sensory Circuits Workshop	8
▶ Interventions Workshop	9
▶ Social Understanding	10

## Bespoke Training for your setting

- ▶ The Outreach team can provide bespoke training that is tailored to your needs. This could be delivered to groups of staff or your whole staff team and can be delivered on an INSET day or as a Twilight Session.
- ▶ Contact either your school's link outreach teacher, or Lizzy Stockwell (Outreach Team Lead) to discuss;  
[elizabeth.stockwell@woodlands.surrey.sch.uk](mailto:elizabeth.stockwell@woodlands.surrey.sch.uk)

# Supporting Autistic Learners

- ▶ Do you want to know how to support autistic learners more effectively in a mainstream classroom?
- ▶ During this session, you will receive training about autism, helping to build your understanding of the day-to-day difficulties experienced by autistic people. We will also look at strategies which can help to reduce anxiety, promote effective communication, develop independence and increase engagement in learning activities.
- ▶ There will also be an opportunity to talk to members of the Outreach Team about specific challenges that you face in your setting.
- ▶ This training is intended for education professionals working with autistic learners.

**£60**

Monday 12<sup>th</sup> October 2026, 9.30am to 12pm - Cranmere

Tuesday 19<sup>th</sup> January 2027, 9.30am to 12pm - Cranmere

Thursday 6<sup>th</sup> May 2027, 9.30am to 12pm - Cranmere

<https://www.trybooking.com/uk/GNYE>



# Demand Avoidance and PDA

- ▶ Do you have learners who refuse to participate or follow instructions?
- ▶ During the session, you will learn more about Demand Avoidance, or PDA (Pathological Demand Avoidance), helping to build your understanding of what it is and how it can present.
- ▶ We will also discuss adaptations which can be made in a mainstream environment to suit children who present with demand avoidant behaviour.
- ▶ There will also be an opportunity to talk to members of the Outreach Team about specific challenges that you face in your setting.
- ▶ This training is intended for education professionals working with autistic learners.

£60



Thursday 12<sup>th</sup> November 2026, 9.30am to 12pm - Cranmere

Tuesday 2<sup>nd</sup> February 2027, 9.30am to 12pm - Cranmere

Wednesday 21<sup>st</sup> April 2027, 9.30am to 12pm - Cranmere



## Understanding & Supporting Learners who Mask

- ▶ Do you have learners in your setting who appear to be happy and engaged in school, but parents report significant challenges at home?
- ▶ Anxiety is often a huge barrier for autistic learners, leading to them 'masking' in many situations. During this session, we will look at how anxiety can present for autistic young people and what we can do to help support them. We will also discuss strategies that can be used to reduce anxiety levels in a mainstream classroom and support learners who may be masking.
- ▶ We will work through some case study examples in groups and consider which methods of support will have the most impact.
- ▶ There will also be an opportunity to talk to members of the Outreach Team about specific challenges that you face in your setting.
- ▶ This training is intended for education professionals working with autistic learners.

**£60**

Tuesday 24<sup>th</sup> November 2026, 9.30am to 12pm - Cranmere

Wednesday 3<sup>rd</sup> March 2027, 9.30am to 12pm - Cranmere

<sup>5</sup>

Monday 26<sup>th</sup> April 2027, 9.30am to 12pm - Cranmere

<https://www.trybooking.com/uk/114874>



## Structured Teaching

- ▶ During this session, we will look at what Structured Teaching is and how to implement it in a mainstream school settings. We will discuss the different ways in which Structured Teaching can be adapted to suit individual learners and the types of tasks that are beneficial.
- ▶ There will also be an opportunity to talk to members of the Outreach Team about specific challenges that you face in your setting.
- ▶ This training is intended for education professionals working with autistic learners.

**£60**

Friday 6<sup>th</sup> November 2026, 9.30am to 11.30am - Cranmere

Wednesday 17<sup>th</sup> March 2027, 9.30am to 11.30am - Cranmere

Tuesday 15<sup>th</sup> June 2027, 9.30am to 11.30am - Cranmere



## Sensory Regulation

- ▶ Do you want to learn more about sensory processing differences and strategies to support with regulation?
- ▶ During this session, you will receive training about Sensory Processing, which will help build your understanding of the day-to-day difficulties with sensory regulation that are experienced by autistic people. We will also look at strategies which can help to reduce anxiety and support regulation in the school environment.
- ▶ There will also be an opportunity to talk to members of the Outreach Team about specific challenges that you face in your setting.
- ▶ This training is intended for education professionals working with autistic learners.

**£60**

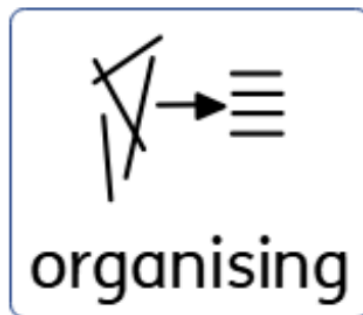
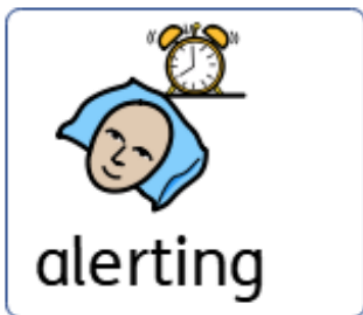
Monday 9<sup>th</sup> November 2026, 9.30am to 12pm  
Cranmere

Thursday 20<sup>th</sup> May 2027, 9.30am to 12pm  
Cranmere

# Sensory Circuits Workshop

- ▶ Do you have learners who benefit from a sensory diet to support with regulation?
- ▶ During this session, we will look at what Sensory Circuits are and how to implement them in school settings. We will discuss the different ways in which Sensory Circuits can be adapted for use in the classroom or as a small intervention group.
- ▶ We will also trial the use of a range of equipment that can be used for Sensory Circuits.
- ▶ There will also be an opportunity to talk to members of the Outreach Team about specific challenges that you face in your setting.
- ▶ This workshop is intended for education professionals working with autistic learners.

£10



Thursday 8<sup>th</sup> October 2026, 9.30am to 11.30am  
Cranmere

Thursday 25<sup>th</sup> February 2027, 9.30am to 11.30am  
Cranmere

Thursday 10<sup>th</sup> June 2027, 9.30am to 11.30am  
Cranmere

# Interventions Workshop

- ▶ Do you have autistic pupils who need extra support with communication and attention?
- ▶ Empower your staff with practical, proven strategies that make a real difference. Our experienced Outreach team will demonstrate autism-specific interventions and share expert tips on how to adapt these approaches for a mainstream classroom.
- ▶ Join our Autism Interventions Workshop to gain insight into engaging activities to build focus and interaction (such as Attention Bucket and Curiosity Approach) and tailored games and interaction strategies to develop communication and turn-taking skills.
- ▶ There will also be an opportunity to talk to members of the Outreach Team about specific challenges that you face in your setting.
- ▶ This workshop is intended for education professionals working with autistic learners.



£10

Tuesday 17<sup>th</sup> November 2026, 9.30am to 11.30am  
Cranmere

Monday 1<sup>st</sup> March 2027, 9.30am to 11.30am  
Cranmere

9 Friday 23<sup>rd</sup> April 2027, 9.30am to 11.30am  
Cranmere

<https://www.trybooking.com/uk/114880>



## Building Social Understanding

- ▶ During this session, we will discuss the issues around context blindness faced by many autistic young people and the social context teaching which is needed to help support them. We will also explore different strategies that can be used to support social understanding.
- ▶ There will also be an opportunity to talk to members of the Outreach Team about specific challenges that you face in your setting or with your child.
- ▶ This training is suitable for both education professionals working with autistic learners and parents of autistic children.

**£60**

Wednesday 2<sup>nd</sup> December 2026, 9.30am to 12pm  
Cranmere

Tuesday 9<sup>th</sup> March 2027, 9.30am to 12pm  
Cranmere

Monday 17<sup>th</sup> May 2027, 9.30am to 12pm  
Cranmere

<https://www.trybooking.com/uk/GNYN>