

Sex and Relationships Education at Woodlands School

for parents and carers

Page 1 SRE Vision Statement

SRE is lifelong learning about physical, sexual, moral and emotional development. It is about understanding the importance of stable and loving relationships, respect, love and care, for family life.

Our SRE programme is tailored to the needs of the individual pupil. It takes account of the learning needs, maturity and emotional development of our pupils and is tailored to their individual needs, aiming to enable them to make positive decisions in their lives.

SRE takes place within the PSHE programme of study but aspects will also be taught during RE and Science lessons.

Page 2 What will be taught?

The SRE curriculum is differentiated to make it relevant to pupil needs and includes:

- my body and how changes occur over time
- emotions and how they relate to behaviour of self and others
- different types of relationships
- awareness of 'public' & 'private' behaviours
- how to 'keep safe' and protect against exploitation or abuse
- reproduction, contraception and sexual health as appropriate to age and cognitive ability of the individual pupil
- who to ask for help
- the development of a moral framework, confidence and self-esteem
- online safety

SRE in the Lower School (Primary)

SRE for the primary age group focuses on Relationships Education which includes the following themes:

- Families and close positive relationships
- Friendships
- Managing hurtful behaviour and bullying
- Safe relationships (private parts are private, some parts are not for sharing, internet safety)
- Respecting self and others (kind / unkind, same / different)

SRE is also included in Health and Wellbeing Education which includes the following themes:

- My body
- Gender
- Growing up and changing
- Puberty

SRE in the Upper School (Secondary)

SRE for the Secondary age group includes the following themes;

- Families (family relationships, changing relationships)

- My relationships (me and others, my behaviour)
- Positive relationships (trust, consent)
- Friends (similarities and differences, discrimination, bullying)

SRE is also included in Health and Wellbeing Education in the topic of 'Puberty and Sexual Health' which focuses on;

- Puberty
- Intimate relationships
- Consent
- Sex education
- Caring for a baby

Page 3 SRE – the right to withdraw

In certain circumstances, parents / carers do have the right to withdraw their children from SRE (Sex and Relationships Education).

Lower School (Primary)

Parents will have the right to withdraw their child from sex education but not from statutory Relationships Education or Health Education.

Upper School (Secondary)

Following discussion with the school, parents can withdraw their child from the 'sex' elements of Sex and Relationships Education. Parents do not have a right to withdraw their child from Health education, Relationships or any other aspect of PSHE education.

There is no right of withdrawal from National Curriculum Science which includes elements of sex education such as puberty and reproduction.

Three terms before they turn 16, a student can opt back in to sex education lessons against their parents' wishes.

Woodlands says:

If a parent/carer wishes to withdraw their child, they need to have a discussion with the Headteacher so that he/she can be made aware of the reasons and provide alternative arrangements. We will try to accommodate any concerns as far as possible.